



— FOR IMMEDIATE RELEASE —

David Allen's first Getting Things Done (GTD) Roadmap seminar series in The Netherlands and Germany

Dortmund, 30 October 2008. David Allen, the successful and best selling author of Getting Things Done—The Art of Stress-free Productivity, will give his first public GTD Roadmap seminars (<http://www.davidco.com>) in The Netherlands and Germany in February, 2009. Special event organisers Nathaniel Stott and Elise de Bres from Life Architect (<http://www.life-architect.eu>) are partnering with the David Allen Company for the events, to be held on 17th February 2009 in Dortmund and 19th February 2009 in Amsterdam.

The GTD Roadmap seminar is a full day seminar about self-management. It is designed for people with a high performance lifestyle or workplace—delivering best practices for staying in control of a huge number of commitments and maintaining focus with less stress. „Your ability to generate power is directly proportional to your ability to relax“ David Allen.

„Even for busy people who get a lot done, GTD gives very practical ways of getting the balance right in the whole of your life“ Nathaniel Stott. „Everyone can get more done, it is a question of control and perspective. In Holland, Germany and around the world GTD is recognised as the most effective way of getting things done—I run my own business and look after 3 children full-time. Maintaining the balance in my life between work and home is a daily activity; I want to have more time for fun.”

Nathaniel Stott is a contributor on the GTDtimes.com blog, where he writes about his experience sharing GTD with his 3 children. “David Allen's public GTD Roadmap seminar is a fantastic way of meeting the author in person. Learning the latest best practices from the expert in person is a fantastic way to get into action. GTD can be used anywhere by anyone, anytime.“ Getting Things Done has sold more than one million copies in more than twenty six languages.

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38 **Background**

39 Road-Map®-Seminar in Dortmund (17th February 2009) and Amsterdam (19th February 2009). Co-organiser with Life
40 Architect is The David Allen Company (<http://www.davidco.com>) is a professional training, coaching, and management
41 consulting organization, based in Ojai, California, USA. Founded in 1996 by veteran management consultant and best-
42 selling author, David Allen (Getting Things Done: The Art of Stress-Free Productivity), the company provides consulting,
43 seminars, coaching, and products that facilitate the implementation of the best practices of productive and satisfying work.

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